













RYA Areas			Real Life		
	Abbreviation	Designation		Abbreviation	Designation
Northern Territories	UT	Universal Time	UK	UT	Universal Time
	DST	Daylight Saving Time		BST	British Summer Time
Southern Peninsula	SPST	Southern Peninsula Standard Time	France	CET (Astronomic Time Zone -0100)	Central European Time
	SPDST	Southern Peninsula Daylight Saving Time		CEST	Central European Summer Time







SPDST	1245	
Correct for DST	-0100	
SPST	1145	
Southern Peninsula to Northern Territories	-0100	
UT	1045	
		RVA Training



HW Victoria (UT)	1650	
Northern Territories to Southern Peninsula	+0100	
Hamilton (SPST)	1750	
Daylight Saving Correction	+0100	
SPDST	1850	
		Training Contro





















































Tidal	Terms					
	Tidal terms		clearance of bridge		height of light (above MHWS)	
	height of tide	depth of water	(above HAT) MHWN neap range MLWN	HAT MHWS spring range MLWS		
	9mm	c	charted depth (below CD) constraints	2.9	chart datum	
		Tak	ken from: YM Shoreba	sed Notes 201	.4	





























